

Riverway Older Adult Center
 230 Riverdale Avenue
 Brooklyn, NY 11212

CELEBRATING
125
 YEARS



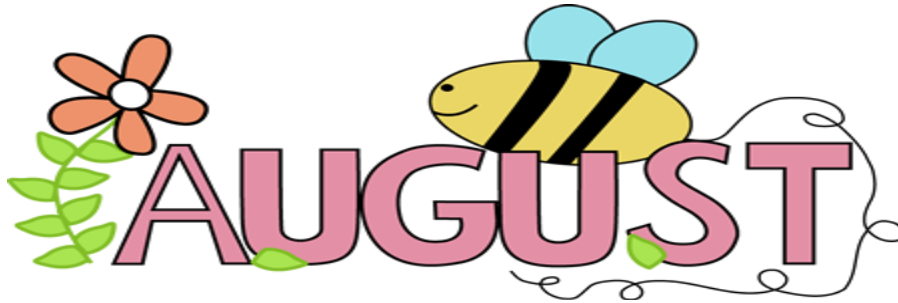
August 2024 Daily Activities

*hello,
 august*

<p>Monday</p> <p>10:00 – Tommy Exp. Aerobics 11:00-Computer Lab 12:00 –Lunch 1:30PM-Bingo 2:30-Games Galore/Social Hour</p>	<p>Tuesday</p> <p>10:00-Walking Club Pickle Ball -Aug. 20 & 27 11:00-Bingo 11:00-Journal /Poetry Project 12:00-Lunch 1:30-Tommy Experience Aerobics</p> <p>***Mystery Wheel at lunch time on random Tuesdays</p>
<p>Wednesday</p> <p>10:00-Cardio Fusion w/Yvette 11:00- Let's Talk (cafeteria) 12:00-Lunch 1:00 – Line Dancing w/Yvette for Summer Only 2:00-Yarn works or Jewelry (See Rec. Schedule)</p>	<p>Thursday</p> <p>10:00-Tommy Experience -Exercise 11:00 –Computer Class (Registration required) 2x monthly See Rec Calendar 12:00 – Lunch 1:30 – Arts & Crafts</p>
<p>Friday</p> <p>10:00-Health Topic/Nutrition Ed workshop 11:00-Drawing 12:00 –Lunch 2:00 -Painting</p> <p><u><i>No line Dancing on Fridays for Summer</i></u></p>	<p>Please note: Lunch is now served from 12pm – 1pm <u>Donations \$1 for seniors 60 and over</u></p>

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Upcoming Events for August 2024

Presentations:

Aug. 6-Geriatric Initiative @11AM

Aug. 7-Caregiver Support Group @11AM

Aug. 14-Home Care 4 ALL Fitness Class w/ Andre Sierra@11AM

Aug. 22-Oakstreet Health w/ Danielle @ 11AM

Aug. 27-Howard Jokercise @11AM

Special Events:

Aug. 1 -Meet & Greet w/ New Members & Senior Board@11AM

Aug.15-Birthday Party w/ DJ @1:30PM

Aug. 16-Special Summer Bingo w/ Dorothy@1:30PM

Aug. 29-End of Summer Party w/ DJ@1:30PM

You must make an appointment with Dorothy Craig for Case Assistance. For transportation door to door see Darryl Brown. Please make sure you have a transportation application on file. You must make reservations the day before. You can do one way or round trip. Sign- up sheet at front desk. For group trips please see Harri or Yolanda.

All members must have signed consent form on file to engage in activities including transportation at Riverway.

Please see staff for consent form

*******Remember transportation donation is now \$1.50 each way.*******

Prizes will be given in September for the 3 walkers with the most steps.