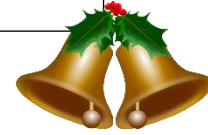


Riverway Older Adult Center  
 230 Riverdale Avenue  
 Brooklyn, NY 11212  
 Phone 718-942-5345



December 2024



Activities

<p><b>Monday</b></p> <p>10:00 – Tommy Exp. Aerobics          11:00-Computer Lab w/Thomas          12:00 –<b>Lunch</b>          1:30-Bingo          2:30-4PM Leisure Games Galore</p>	<p><b>Tuesday</b></p> <p>10:00-Agetastic Mental Health          11:00-Journal or Leisure Games          12:00-<b>Lunch</b>          1:30-Tommy Experience Aerobics</p> <p><b>***Mystery Wheel at lunch time on random Tuesdays</b></p>
<p><b>Wednesday</b></p> <p>10:00-Cardio Fusion w/Yvette          11:00- Let’s Talk w/Dorothy          12:00-<b>Lunch</b>          1:00PM-Choir Rehearsal w/ Brenda          1:00PM-Presentations w/Annie          2:00-Arts &amp; Crafts          (See Rec. Schedule)</p> <p><b>***DEC. 25<sup>th</sup> Christmas Day          Center Closed</b></p>	<p><b>Thursday</b></p> <p>10:00-Nutrition Health Class-TBA          11:00 – Tommy Exercise only 1<sup>st</sup> &amp; 3<sup>rd</sup> Thursday (12/5 &amp;12/19)          12:00 – <b>Lunch</b>          2:00 – Arts &amp; Crafts</p>
<p><b>Friday</b></p> <p>10:00-Line Dancing          11:00-Drawing          12:00 –<b>Lunch</b>          2:00 -Painting</p>	<p><b>Please note: Lunch is served from 12pm – 1pm</b>  <u><b>Donations \$1 for seniors 60 and over</b></u>  <u><b>Under 60-\$4.00</b></u></p>



# DECEMBER

## Upcoming Events for December 2024

### **Presentations:**

**Dec. 3-Elder Abuse w/ JASA @10AM**

**Dec. 3-Depression Screening w/Charlotte @11AM**

**Dec. 18-Nutrition Education by Health First @11AM**

### **Special Events:**

**Dec. 6-Flea Market @10AM**

**Dec. 10-Christmas Carols /Decorating@11AM**

**Dec. 11-Rams Middle School -Tech Assistance @ 11AM**

**Dec.12-Oakstreet Health w/Danielle-Crochet Activity(date may change)**

**Dec. 19-Christmas Luncheon @12PM -\$5.00 tickets (see Leticia/Yolanda)**

**Dec. 19-Birthday & Christmas Party @1:30PM**

**Dec. 20-Holiday Bingo w/ Dorothy @1:30PM**

**Dec. 27- Senior Advisory Board sponsored Holiday Party @4PM-\$15 tickets**

**You must make an appointment with Dorothy Craig for Case Assistance.**

**For transportation door to door see Darryl Brown. Please make sure you have a transportation application on file. You must make reservations the day before. You can do one way or round trip. Sign- up sheet at front desk. For group trips please see Harri or Yolanda.**

**\*\*Mr. Thomas helps with computer or tec on Mondays @11AM in Computer Room.**

**All members must have signed consent form on file to engage in activities including transportation at Riverway. Please see staff for consent form**

**\*\*\*\*Remember transportation donation is now \$1.50 each way. \*\*\*\***